




St. Luke's Episcopal
Upper School

February
2012

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
		1	Catfish Nuggets Hushpuppies Baked Beans Cole Slaw	2	Fettuccine Alfredo w/ Chicken Mixed Vegetables Steamed Carrots Dinner Roll	3	Beef and Macaroni Casserole Steamed Broccoli Buttered Corn Garlic Breadstick			
		6	Hamburger Steak Rice & Gravy Black-eyed Peas Steamed Carrots Dinner Roll	7	BBQ Chicken Baked Beans Macaroni & Cheese Cole Slaw Dinner Roll	8	NOON DISMISSAL	9	Baked Chicken Au Gratin Potatoes Green Beans Corn Nuggets Dinner Roll	Salisbury Steak Mashed Potatoes & Gravy Turnip Greens Fried Okra Cornbread
13	Spaghetti & Meatsauce Steamed Broccoli Buttered Corn Garlic Bread	14	Baked Ham Au Gratin Potatoes Green Beans Vegetable Medley Dinner Roll	15	Grilled Chicken Rice Pilaf English Peas Steamed Carrots Dinner Roll	16	Beef Soft Tacos Spanish Rice Mexican Corn Refried beans	17	Catfish Nuggets Hushpuppies Baked Beans Cole Slaw	
20	21	22	23	24						

27 Hamburger Steak Rice & Gravy Green Beans Steamed Carrots Dinner Roll	28 BBQ Chicken Baked Beans Macaroni & Cheese Cole Slaw Dinner Roll	29 Meatloaf Mashed Potatoes Black-eyed Peas Vegetable Du Jour Dinner Roll
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